

**Updated:** 01/2024

## Moulins Bourgeois



#### **EDITORIAL**

"

### Welcome to our catalogue.

Here you will find a wide range of conventional and organic flour and other ingredients to create a homemade bakery range with its own distinctive character, pastries that set you apart and appeal to your clients.

We have been deeply involved organic in agriculture for a long time. This has allowed u s t o establish valuable and lasting connections with farmers who prioritise the quality of their production and its impact on the environment.

All of these products are carefully sourced. The cereals are 100% French, and are either EQB, Label Rouge or Organic Label certified.

All our flour is either stone ground or roller milled by us in Verdelot. One mill is dedicated to organic milling.

Our sales team is at your disposal for any additional information.

David and Julien Bourgeois

#### **OUR ENGAGEMENTS**







- Flour produced from cereals exclusively grown in France.
- Traceability from the moment the grain enters the mill through to when the flour is delivered.
- Certified flour.
- Complete control over our recipes and their development in the pursuit of quality and taste.
- Values and expertise of a family-run business dedicated to artisans.
- Extensive organic range with carefully selected partners in France.
- Partnership with local farmers for the preservation and development of heirloom seeds in organic agriculture.

### **PURE FLOURS**

	WHEAT	
TRADITION FRANCAISE	Intended use / Description	Packaging
Reine des Blés - EQB	Flour T65 – wheat flour for traditional French baguette	Bag 25 kg
La Marcelle - EQB	Flour T65 – wheat flour for traditional French baguette	Bag 25 kg
La Sauvage - Label Rouge	Flour T65 – wheat flour for traditional French baguette	Bag 25 kg
BREAD FLOUR	Intended use / Description	Packaging
Millésime - EQB	Flour T65	Bag 25 kg
FLOUR FOR ITALIAN PRODUCTS	Intended use / Description	Packaging
Bella Lucia - EQB	Flour tipo "00" (without additive)	Bag 10 kg
STONE GROUND	Intended use / Description	Packaging
Stone Ground T150	Stone ground wholemeal wheat flour - Type 150 -	Bag 25 kg
Stone Ground T80 - Label Rouge	Stone ground wheat flour - Type 80 - For the famous French Tourte de Meule	Bag 25 kg
FRENCH PASTRY	Intended use / Description	Packaging
Flour T45 - EQB	Flour for croissants, pain au chocolat, pain aux raisins, various pastries	Bag 25 kg
Gruau T55 - EQB	Flour for brioches, milkbreads, buns, panettones, Christmas tarts	Bag 25 kg
Puff Pastry flour T55 - EQB	Flour for Mille-feuilles, galette des Rois, appetizers	Bag 25 kg

RYE		
STONE GROUND	Intended use / Description	Packaging
Stone Ground T85	Stone ground rye flour - Type 85	Bag 25 kg
Stone Ground T130	Stone ground rye flour - Type 130	Bag 25 kg
Stone Ground T170	Stone ground wholemeal rye flour - Type 170	Bag 25 kg

OTHERS CEREALS		
STONE GROUND	Intended use / Description	Packaging
Spelt T80	Stone ground spelt flour T80	Bag 25 kg
Spelt T110	Stone ground spelt flour T110	Bag 25 kg

### **MIXES**

(All mixes contain already salt, except for those with  $^{\ast}$ )

SPECIAL BAGUETTE		
	Intended use / Description	Packaging
Bel Air*	Wheat flour, toasted corn germ, toasted wheat malt flour	Bag 25 kg

	RUSTIC BREADS	
	Intended use / Description	Packaging
Charpentier	Wheat flour, rye flour, toasted wheat germ, toasted corn, dry wheat sourdough, dry rye sourdough, toasted barley malt	Bag 25 kg
Fantine	Wheat flour, toasted corn flour, dry wheat sourdough, toasted wheat malt flour, extract of malt	Bag 25 kg
Campagne	Wheat flour, rye flour, dry rye sourdough	Bag 25 kg
Vaillant	Wheat flour, buckwheat flour, rye flour, toasted wheat malt	Bag 25 kg



(All mixes contain already salt, except for those with  $^{*}$ )

	SEEDS	
	Intended use / Description	Packaging
Baguette des prés	Wheat flour, rye flour, toasted corn flour, toasted wheat germ, toasted wheat malt, toasted barley malt, brown lin seeds, yellow lin seeds, sunflower seeds and wheat flakes seeds	Bag 25 kg
Pain Baltik	Wheat flour, toasted wheat malt, barley flour, rye bran, toasted barley malt, dry rye sourdough, sunflower seeds, yellow lin seeds, brown lin seeds	Bag 25 kg

	PASTRY	
	Intended use / Description	Packaging
Coquille (brioche)	Wheat flour, sugar, butter powder, cream powder	Bag 25 kg
Brioche moelleuse	Wheat flour, sugar, eggs, cream powder	Bag 25 kg
Pain de mie «anglais» et bun's	Wheat flour, bean flour, sugar, wheat sourdough	Bag 15 kg
	NUTRITION	

	NUTRITION	
	Intended use / Description	Packaging
Son-fibre	Wheat flour, organic wheat bran, organic crushed wheat	Bag 25 kg
Complet	Wheat flour, organic wheat bran, roasted barley malt	Bag 25 kg
Bienveillant	Wheat flour, oats fibers for bread rich in fibers	Bag 25 kg
Free Bread	Rice flour, potato starch, toasted com flour	Bag 15 kg

SPECIAL BREADS		
	Intended use / Description	Packaging
El'Maïs	Wheat flour, corn flour, but extruded and sunflower seeds	Bag 15 kg
Pain du sud	Wheat flour and semolina	Bag 25 kg

## INGREDIENTS FOR TOPPING AND INCORPORATION

FRUITS		
	Intended use / Description	Packaging
Figs - apricots	Source of creativity, of taste and of value for a lot of breads and leavened doughs	Bucket 5 kg
Red fruits	Strawberries, cranberries, blueberries. Source of creativity, of taste and of value for a lot of breads	Bucket 5 kg
Fruits And Hazelnut	Raisins, cranberries, apricots, mangoes, hazelnut. Gives crunch, colour, and indulgence	Bucket 5 kg
Raisins - Hazelnut - Pistachios	Source of creativity, of taste and of value for a lot of breads and leavened doughs	Bucket 5 kg

	FLAVOUR	
	Intended use / Description	Packaging
Eclats de levain	Deactivated liquid sourdough	Can of 5 kg

# INGREDIENTS FOR TOPPING AND INCORPORATION

	SEEDS	
	Intended use / Description	Packaging
Oats Flakes	Perfect for topping	Bag 5 kg
Harmonie 3 graines	Sunflower seeds, brown lin seeds, yellow lin seeds	Bag 5 kg
Harmonie 5 graines	Brown lin seeds, yellow lin seeds, sesame seeds, blue poppy seeds, millet (for baguette)	Bag 5 kg
Harmonie Scandinave	Sesame, sunflower seeds, brown lin seeds, millet, barley flakes (for Baltik Bread)	Bag 6 kg
Eclat du Sud	Sunflower seeds, black olives, nigella seeds, tomatoes, zaatar, garlic	Bucket 4 kg
Yellow lin seeds	As topping or in recipes	Bag 5 kg
Brown lin seeds	As topping or in recipes	Bag 5 kg
Blue poppy seeds	As topping, ideal for baguette	Bag 5 kg
Sesame	As topping, ideal for baguette	Bag 5 kg
Sunflower seeds	Gives tenderness and a pleasant taste to your recipes	Bag 5 kg

CEREALS		
	Intended use / Description	Packaging
Eclats de fleurage	Semolina. Perfect for dusting, especially baguette or Bel Air	Bag 15 kg
La Garenne (semolina)	As incorporation in doughs	Bag 25 kg
Durum wheat flour	Gives to breads a yellow crumb and a natural sweet taste	Bag 15 kg

INGREDIENTS TOASTED / ROASTED				
Intended use / Description Pack				
Eclat de mait	Wheat malt toasted crushed (topping for Le Bienveillant)	Bag 5 kg		
Wheat germ flour	Gives a soft and a pleasant texture	Bag 5 kg		
Toasted wheat malt flour	For a touch of colour and a sweet taste for your breads	Bag 25 kg		
Malt syrup	Extract of malt in syrup	Can 10 kg		

SUCCESS (improvers)		
	Intended use / Description	Packaging
Success teknik	Breadimprovers anti-bubbles for controlled proofing	Bag 10 kg
Success optim	Breadimprovers for recipes with direct or indirect (cold) fermentation	Bag 10 kg
Success viennoiserie	Improver for viennoiserie	Bag 10 kg

SALT		
	Intended use / Description	Packaging
Coarse Salt from Guerande	Perfect for ground stone breads, especially large pieces	Bag 25 kg
Fine Salt from Guerande	Essential ingredient	Bag 10 kg

#### ORGANIC PURE FLOURS

	WHEAT	
	Intended use / Description	Packaging
Organic Wheat T65	Wheat flour T65 (for traditional bread)	Bag 25 kg
Organic Wheat T80	Stone ground wheat flour	Bag 25 kg
Organic Wheat T110	Stone ground wheat flour	Bag 25 kg
Organic Wheat T150	Stone ground wholemeal wheat flour	Bag 25 kg
Organic Bella Lucia	Flour Type "0"	Bag 10 kg
Organic Flour for pastry	For pastry and leavened doughs	Bag 25 kg
Organic Gruau	(Without additive) Adapted for viennoiserie and leavened doughs	Bag 25 kg
	RYE	
	Intended use / Description	Packaging
Organic Rye T130	Intended use / Description  Stone ground rye flour	Packaging  Bag 25 kg
Organic Rye T130 Organic Rye T170	-	
	Stone ground rye flour	Bag 25 kg
	Stone ground rye flour  Stone ground wholemeal rye flour	Bag 25 kg
	Stone ground rye flour  Stone ground wholemeal rye flour  SPELT	Bag 25 kg Bag 25 kg
Organic Rye T170	Stone ground rye flour  Stone ground wholemeal rye flour  SPELT  Intended use / Description	Bag 25 kg Bag 25 kg Packaging
Organic Rye T170  Organic Spelt T80	Stone ground rye flour  Stone ground wholemeal rye flour  SPELT  Intended use / Description  Stone ground spelt flour	Bag 25 kg  Bag 25 kg  Packaging  Bag 25 kg
Organic Rye T170  Organic Spelt T80	Stone ground rye flour  Stone ground wholemeal rye flour  SPELT Intended use / Description  Stone ground spelt flour  Stone ground spelt flour	Bag 25 kg  Bag 25 kg  Packaging  Bag 25 kg

ANCIENT VARIETIES			
	Intended use / Description	Conditioning	
Organic Einkorn wheat	Einkorn wheat flour – stone ground	Bag 25 kg	
Organic Blé Paysan T80	Stone ground wheat flour. Produced from different heritage wheat varieties cultivated by passionate farmers	Bag 25 kg	
Organic Wheat Khorasan T110	Ancient durum wheat flour	Bag 25 kg	
Organic Rouge de Bordeaux	Ancient pure variety wheat flour – stone ground	Bag 25 kg	

	MIXES	
	Intended use / Description	Packaging
Organic Pain au céréales et graines	Wheat flour T80, rye flour T170, millet, sunflower seeds, brown lin seeds and crushed wheat	Bag 25 kg
Organic Taiga	Wheat flour T150, wheat flour T80, crushed wheat	Bag 25 kg
Organic Norwegian Bread	Spelled flour T110, rye flour T170, wheat flour T80, millet, sunflower seeds, brown lin seeds, and pumpkin seeds	Bag 25 kg
Organic Hemp Bread	Hemp flour, wheat flour T65, toasted hemp seeds	Bag 15 kg
Organic Forêt noir	Rye flour T170, wheat flour T65, roasted wheat malt flour, toasted rye flour, barley malt extract, sunflower seeds, yellow lin seeds, crushed wheat and rye, rye sourdough	Bag 15 kg
Organic Pain aux 2 épeautres	Spelt flour T110, Einkorn wheat flour, spelt sourdough and crushed spelt	Bag 15 kg
Organic Pain de la Roche	Wheat flour T80, rye flour T130 and rye sourdough	Bag 15 kg
Organic Corn bread	Wheat flour T65, corn flour, puffed corn, sunflower seeds, vegetable fat (sunflower), oat fiber, spices	Bag 15 kg
	OTHER FLOURS	
	Intended use / Description	Packaging
Organic Rice flour	One of the most used gluten free flour	Bag 5 kg
Organic Buckwheat flour	For crêpes and breads mixed with wheat or spelt flour	Bag 15 kg
Organic Chestnut flour	Sweet and strong taste flour	Bag 5 kg
Organic Corn flour	For a nice colour, naturally without gluten	Bag 5 kg

## INGREDIENTS FOR TOPPING AND INCORPORATION

**CEREALS** Intended use / Description **Packaging** Organic Eclats de blé Whole wheat grains crushed ground Bag 15 kg Organic Eclats de seigle Whole rye grains crushed ground Bag 15 kg Organic Eclats de fleurage Organic wheat semolina. Perfect for dusting Bag 5 kg **Organic Flakes 4 cereals** Perfect for topping (wheat, rye, spelt, oats) Bag 1.5 kg Organic wheat bran Gives fibers, colour and a special flavour to recipes Bag 5 kg Organic rye bran Gives fibers, colour and a special flavour to recipes Bag 5 kg Perfect for dusting in bakery and for Italian recipes **Organic Rye semolina** Bag 5 kg Organic Eclats de chanvre Pure hemp flour. Vacuum bag. Bag 20 kg **FRUITS / NUTS Intended use / Description** Conditioning Half kernels for breads and pastries **Organic walnut kernels** Bag 10 kg **Organic Hazelnut** As ingredient in breads and pastries Bag 10 kg **Organic Raisins** As ingredient in breads and pastries Bag 12.5 kg **Organic Apricots half fruit** As ingredient in breads and pastries Bag 5 kg **Organic Figs half fruit** As ingredient in breads and pastries Bag 5 kg **Organic Cranberries** As ingredient in breads and pastries Boxe 5 kg

SEEDS			
	Intended use / Description	Packaging	
Organic Harmonie 5 graines	Sunflower seeds, brown lin seeds, millet, yellow lin seeds, poppy seeds	Bag 5 kg	
Organic Yellow lin seeds	As topping or inclusion	Bag 5 kg	
Organic Sesame	As topping or inclusion	Bag 5 kg	
Organic Poppy seeds	As topping or inclusion	Bag 5 kg	
Organic Pumpkin seeds	As topping or inclusion	Bag 5 kg	
Organic Crushed Sunflower seeds	As topping or inclusion	Bag 25 kg	
Organic Toasted hemp seeds	As topping or inclusion	Bag 5 kg	
Organic Millet	As topping or inclusion	Bag 5 kg	

INGREDIENTS TOASTED / ROASTED			
	Intended use / Description	Packaging	
Organic Farine de Gaude	Toasted corn flour	Bag 15 kg	
Organic Toasted rye flour	Brings a touch of colour and of roast flavour to your breads	Bag 5 kg	
Organic roasted wheat malt flour (dark)	Brings a touch of colour and an intensified taste to your bread	Bag 5 kg	